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### **PAROTIDECTOMY** **POSTOPERATIVE INSTRUCTIONS**

Upon discharge from the hospital try to keep the incision dry for the first two days. If you have sutures, clean them with hydrogen peroxide on a Q-tip twice a day followed by Bacitracin ointment. These can be purchased over the counter without a prescription. No bandage is necessary. You may shower 48 hours after surgery, but keep the incision dry.

Avoid Strenuous activity, and avoid any heavy lifting (anything greater than 5 pounds), until cleared by your surgeon.

For several days it is normal to have some pain or difficulty with chewing. Take your prescription pain medication as needed or you may use Extra-Strength Tylenol if you prefer. Do not drive while taking prescription pain medication.

With narcotic pain medication and anesthesia, some patients experience constipation. Colace (Docusate) is an over the counter stool softener which adults can use and is generally helpful.

Your follow-up appointment will be from 3-7 days after the surgery.

Once you are at home, call our office immediately if:

1. You develop a fever over 101 degrees
2. Your incision or any part of your neck becomes red, more tender or swollen
3. Your face becomes weak.
4. You develop any swelling of the face or neck

**\*To speak with our office, please call (630) 981-0032 between 8am-4pm (Mon-Fri)**

**\*For prescription refills please call during office hours with your pharmacy number available**

**\*For after hours Emergencies, a doctor on call may be reached at (630) 981-0032, or go to your nearest Emergency Room**